

Safe Snacks:

Fruit and vegetables

Cheese

Cold cuts

Sun Butter Brand (sunflower seed butter)

Dakota Style brand sunflower kernels

Plain bread (but must check label), higher risk is multi grain.

Cascadian Farms Chocolate Chip Granola bars (only)

Ritz crackers

Garden of Eatin' snack mix

Chex Mix Traditional, Cheddar, Bold, Hot and Spicy

Pringles

Cheetos

Doritos

Gold Fish

Lays chips

Cheezits

HoneyMaid Graham Crackers

Skittles

Life savers

Mike and Ikes

Sour Patch Kids

Starbursts

Airheads

Plain Hershey Chocolate Kisses (milk chocolate and dark only)

Regular size plain chocolate Hershey bars (not king size or the bites)

Rice Krispy Treats

Chips Ahoy (not peanut variety)

Oreo (not peanut)

Pop tarts (but not the "gone nutty" kind.)

Fruit Roll Ups, Gushers and Fruit by the Foot

SmartFood popcorn

Keebler Cookies: Fudge Stripes and Elf cookies and Chocolate covered graham crackers